EMERGENCY SERVICES/INPATIENT UNITS

Highpoint Hospital  
52 Oak St., Middleborough .......................... 774.213.8400

McLean Hospital Southeast  
23 Isaac St., Middleborough .......................... 774.419.1000

Pembroke Hospital  
199 Oak St., Pembroke ................................. 781.829.7000

Crisis Assistance

Child and Family Services of New Bedford .......................... 877.996.3154
Serves the towns of Acushnet, Carver, Dartmouth, Duxbury,  
Fairhaven, Halifax, Hanover, Hanson, Kingston, Marion,  
Marshfield, Mattapoisett, New Bedford, Pembroke, Plymouth,  
Plympton, Rochester, and Wareham

Norton Emergency Services .......................... 800.660.4300
Serves the towns of Attleboro, Berkley, Dighton, Lakeville,  
Mansfield, Middleborough, North Attleborough, Norton,  
Raynham, Rehoboth, Seekonk, and Taunton

Help Lines

NAMI Information Help Line  .. 800.950.NAMI (6264)  
Trained volunteers provide information, referrals, and support  
to all who have questions about or are affected by serious  
mental illness

Hope Center RLC Peer Warm Line .......... 877.733.7563  
Warm lines are run by and for consumers who need to talk to  
someone, but are not in crisis

Samaritans Statewide Help Line .......... 877.870.4673  
Suicide prevention helpline, call or text 24/7

South Shore Women’s Resource Center  
Hotline ......................................................... 888.746.2664  
24/7 hotline for victims of domestic violence

Mandated Reporting

Baby Safe Haven ............................................. 866.814.7233

DCF Area Office (9am-5pm)  
61 Industrial Park Rd., Plymouth .......................... 508.732.6200

DCF Child-At-Risk Hotline (5pm-9am) ........... 800.792.5200

Disabled Persons Protection Commission ... 800.426.9009

Elder Abuse Hotline ............................................. 800.922.2275
About Us

CityPsych Wellness is dedicated to providing experienced nurses to care for patients with behavioral health problems at home. Originally founded in 2007 by four registered nurses with extensive clinical experience in behavioral health, CityPsych has grown over the past decade into a valuable community partner throughout the Greater Boston, South Shore, and South Coast regions. Our skilled nursing services are based on comprehensive nursing assessments and a team approach that includes the patient, family members, primary care & specialty providers, pharmacists, and community care teams.

With over one-hundred skilled nurses available, we are able to provide services in each of the following areas:

Abington  Dorchester  Mattapan  Roslindale
Acushnet  East Boston  Mattapoisett  Roxbury
Allston  E. Bridgewater  Medford  Saugus
Arlington  Easton  Melrose  Seekonk
Attleboro  Everett  Middleborough  Sharon
Avon  Fairhaven  Milton  Somerset
Berkley  Fall River  New Bedford  Somerville
Boston  Foxborough  N. Attleboro  South Boston
Braintree  Freetown  Norton  Stoughton
Bridgewater  Hanover  Norwell  Swansea
Brighton  Hanson  Norwood  Taunton
Brockton  Hingham  Pembroke  Wareham
Brookline  Holbrook  Plainville  W. Bridgewater
Cambridge  Hyde Park  Quincy  West Roxbury
Canton  Jamaica Plain  Randolph  Westport
Charlestown  Lakeville  Raynham  Weymouth
Chelsea  Lynn  Rehoboth  Whitman
Dartmouth  Malden  Revere  Winthrop
Dedham  Mansfield  Rochester  Wrentham
Dighton  Marion  Rockland

To request more information: info@citypsych.net
To make a referral, call us. Most insurances are accepted, including Medicare and Medicaid (MassHealth). CityPsych Wellness is also a Money Follows the Person Waiver Provider.

Case Management

Community Counseling of Bristol County
Community Support Program
5 Main St. Ext, Plymouth ........................................... 508.732.0161
Provides intensive case management to people who are considered “at-risk”; the program works to get people the resources necessary to live successfully in the community to include a housing search, application to social security, connections to clinical services, or transportation to medical appointments.

High Point Treatment Center
Community Support Program .................................... 774.213.3364
Program created to provide additional support to people as they work on their addiction recovery; services include connecting clients to a PCP; coordinating transportation to appointments, supporting clients as they connect to support groups, and connecting them to needed financial, employment, and family support services.

Statewide Head Injury Program .................................... 800.223.2559
Service coordination for people with traumatic brain injuries, including residential services, case management, individual skills training and support, companion services, consultation for families, substance abuse services, and more.

Community Health Centers

Greater New Bedford Community Health Center
135 Marion Rd., Wareham ........................................... 508.742.3810
Provides the following services: adult and pediatric care, urgent care, infectious disease management, home visits to pregnant patients through the Maternal Child Health Program, adolescent health, optometric and dental services, geriatric health, on-site laboratory and radiology, pharmacy counseling, and WIC services.

Harbor Community Health Center
10 Cordage Park Cir., Plymouth .................................... 508.778.5470
Provides primary care, dental, and behavioral health services to residents of Plymouth and surrounding communities.

In-Home Therapy

Arbour Counseling Services ....................................... 617.782.6460
Bay State Community Services .................................... 508.830.3444 x306
Community Services Institute ..................................... 800.575.1488
Pyramid Builders Associates ....................................... 508.584.5400
South Bay Community Services .................................... 800.244.4691
South Shore Mental Health .......................................... 617.847.1914

Outpatient Behavioral Health Services

Bayview Associates
215 Sandwich Rd., Wareham ........................................ 508.295.3600

Door is Open Counseling Center
2 Columbia Rd., Unit 12, Pembroke .............................. 781.925.3500

High Point Treatment Center Outpatient Clinic
2 School St., Plymouth ............................................... 508.830.1234

Middleborough Counseling Center
94 South Main St., Middleborough ............................... 508.947.6100

Psychology Associates
114 High St., Wareham ............................................. 508.295.2699

Southcoast Psychological Services
268 Main St., Wareham ............................................. 508.295.5104

South Bay Community Services
50 Aldrin Rd., Plymouth ............................................ 508.830.0000

South Shore Mental Health
64 Industrial Park Rd., Plymouth .................................. 508.732.5417

Partial Hospitalization Programs

Arbour Counseling Services
384 Washington St., Norwell ....................................... 781.871.6550

Pembroke Hospital
199 Oak St., Pembroke .............................................. 781.829.7000

www.CityPsych.net
Consumer Resources

The Boston Resource Center ........................................... 617.305.9976
Provides information on a range of topics & services pertaining to consumers

BU Center for Psychiatric Rehabilitation ....................... 617.353.3549
Research, training, & service organization provides rehab, recovery & wellness courses for consumers

The Cole Resource Center ........................................... 617.855.2795
Provides information on a range of consumer topics & services

Health Care for All .................................................. 800.272.4232
HCFA seeks to create a consumer-centered care system that provides comprehensive, affordable, accessible, & culturally competent care

MassMedLine ........................................................... 866.633.1617
A free program that assists Massachusetts residents in obtaining affordable prescription drugs and information about their medications

MCPHS Pharmacy Outreach Program ............................. 888.477.2669
Helps qualifying patients without prescription drug coverage get the medicines they need for free or nearly free

The Transformation Center ......................................... 877.769.7693
Peer-run organization focusing on wellness & life recovery that currently offers training for peer specialist certification, MA Leadership Academy, WRAP facilitation (extension #305), and recovery conversations with providers

Mass Health

MassHealth Community Educator
Anne-Marie D’Angelo Florent, MSPA
100 Hancock St., Quincy ................................................. 978.863.9305
Provides information regarding MassHealth eligibility & plans

MassHealth Disability Accommodation Ombudsman
Jean Battay
100 Hancock St., Quincy ................................................ 617.847.3468
Helps members & applicants get the accommodations they need and also provides personal assistance with processes, requirements, and form completion

MassHealth Enrollment Center .................................... 888.665.9993
MassHealth information, PT-1 transport info, coverage upgrades to MassHealth Standard for persons with special health needs currently enrolled in CarePlus

Mass Health: Home/Community-Based Waivers

Acquired Brain Injury Waiver ...................................... 866.281.5602

Autism Waiver ......................................................... 888.367.4435

Frail Elder Waiver ...................................................... 800.AGE.INFO (243.4636)

Intelectual Disabilities Waiver ....................................... 617.727.5608

Money Follows the Person Waiver ................................. 800.223.2559

Traumatic Brain Injury Waiver ..................................... 800.223.2559

Pharmacies

Balboni’s Drug Store
289 Court St., Plymouth ................................................ 508.746.1251

The Medicine Shoppe Pharmacy
235 Sandwich St., Plymouth .......................................... 508.747.1247

Phlebotomy / Labs

PMG Lab Services
10 Cordage Park Cir., Suite 218, Plymouth ......................... 508.747.0207

Quest Diagnostics
511 West Grove St., Suite 208, Middleborough .................. 508.947.1122
57 Long Pond Rd., Plymouth ......................................... 508.747.1570
106 Main St., Suite 4, Wareham .................................... 508.295.0477

Adult Day Programs

Massachusetts Adult Day Services Association
1 Florence St., Boston .................................................... 617.469.5848
MADSA is a network of approximately 120 member Adult Day Service program centers offering an alternative to nursing home care

Adult Day Center at Silver Lake
17 Chipman Way, Kingston ............................................. 781.585.4100

BAMSI Day Habilitation
62 Main St., Lakeville .................................................... 508.946.1342
547 West Grove St., Middleborough ............................... 508.947.6482

Cozy Corner Adult Day Health
98 Nicks Rock Rd., Plymouth ......................................... 508.747.3332

Gateway Adult Center
2621 Cranberry Hwy., Suite 3, Wareham ......................... 508.291.3232

Elder Services

Council on Aging
588 Plymouth St., Middleborough ................................. 508.946.2490
44 Nook Rd., Plymouth ............................................... 508.830.4230
54 Marion Rd., Wareham .............................................. 508.291.3100

Old Colony Elder Services (OCES)
144 Main St., Brockton ................................................ 508.584.1561
Serves the towns of Abington, Avon, Bridgewater, Carver, Duxbury, East Bridgewater, Easton, Halifax, Hanover, Hanson, Kingston, Lakeville, Marshfield, Middleborough, Pembroke, Plymouth, Plympton, Rockland, Stoughton, Wareham, West Bridgewater, and Whitman

Independent Living Centers (ILCs)

Independence Associates
100 Laurel St., Suite 122, East Bridgewater ....................... 508.583.2166

Long Term Acute Care

Vibra Hospital of Southeastern Massachusetts
4499 Acushnet Ave., New Bedford ................................. 508.995.6900

Referral Services

Long Term Care Alliance
Jerry Locchi .................................................................. 508.930.6057
Provides referral services for skilled nursing facilities, rest homes, assisted living facilities, supported housing, rooming houses, and more

Rest Homes

Hannah B. Shaw Home
299 Wareham St., Middleborough .................................. 508.947.0332

Providence House
363 Bishops Hwy., Kingston .......................................... 781.585.7707

Serenity Home
98 South Main St., Middleborough ................................. 508.947.2155

Transportation Services

Greater Attleboro Taunton Regional Transit Authority (GATRA)
2 Oak St., Taunton ......................................................... 800.483.2500

GATRA Dial-A-Ride
2 Oak St., Taunton ......................................................... 800.483.2500
Curb-to-curb transportation for the elderly and people with disabilities

Veterans Transportation Services ................................. 877.765.7433
Provides door-to-door, shared-ride transportation to eligible people who cannot use fixed-route transit (bus, subway, trolley) all or some of the time because of a physical, cognitive or mental disability
Support Services

Mass 2-1-1
www.mass211.org ................................................................. 211
Mass 2-1-1 connects people with community, health and disaster services through a free, 24/7 stigma-free phone service and searchable online database
Brain Injury Association of Massachusetts
3119 Cranberry Hwy., Wareham ............................................ 508.743.0333
Non-profit organization that provides support and resources to brain injury survivors and their families, prevention programs to educate the public, education and training for survivors, caregivers, and their families, and legislative advocacy
DMH Information and Referral Line ................................ 800.221.0053
Toll-free confidential line for information regarding DMH services, consumer support, WRAP group, patient records, crisis resources, complaint filings, legal resources, human rights issues, family support, medication, disability insurance, and connection to other agencies
DMH Local Service Site
40 Industrial Park Rd., Plymouth ......................................... 508.732.3000
Serves the towns of Carver, Duxbury, Halifax, Hanover, Hanson, Kingston, Marshfield, Pembroke, Plymouth, and Plymouth
Caregiver Homes
191 Main St., Suite 103, Wareham ........................................ 508.207.9450
Adult foster care
Catholic Charities South
169 Court St., Brockton ...................................................... 508.587.0815
Services: Basic Needs, Elder Outreach, ESOL at the English Transcultural Center, Food Pantry, Nurse Assistant/Home Health Aide Training, Parent Support, Young Parents Program, Youth Mentoring
Department of Developmental Services
40 Industrial Park Rd., Suite 1, Plymouth ............................. 508.732.5700
21 Spring St., Taunton ......................................................... 508.824.0614
DDS is dedicated to creating opportunities for people with intellectual disabilities so that they can participate in and contribute to the communities they live in; they provide family services, autism services, and turning 22 services
Department of Transitional Assistance
61 Industrial Park Rd., Plymouth ......................................... 508.732.3100
Provides federal support service programs such as SNAP, Transitional Aid to Families with Dependent Children (TAFDC), Emergency Aid to Elderly, Disabled, and Children (EAEDC), and Supplemental Security Income (SSI)
Ideal Healthcare Solutions
50 Oliver St., North Easton .................................................. 781.562.0468
Nurse practitioners who service clients in their homes, living centers, hospitals, or nursing and rehabilitation facilities
Massachusetts Rehabilitation Commission
600 Washington St, Boston ................................................. 800.245.6543
MRC provides information and resources for persons with disabilities, administers funds for vocational programs and independent living centers, and administers assistive technology grants
Assistive Technology Exchange ....................................... 877.508.3974
The exchange is a free “classified ad” type resource designed to help people find, buy, sell or give away used AT equipment
Home Care Assistance Program ......................................... 800.223.2559
Homemaking services for adults with disabilities
Requipment ................................................................. 866.244.6156
A medical equipment recycling program that provides individuals & families with gently-used, refurbished durable equipment
Metro Suburban Recovery Learning Community
460 Quincy Ave., 2nd Floor, Quincy ....................................... 617.472.3237
Metro Suburban is dedicated to providing support, advocacy, and education by providing resources to assist individuals in finding their path to mental health recovery
National Alliance on Mental Illness
Megan Wiechnik, Resource Coordinator ............................... 529 Main St., Charlestown .................................................. 617.580.8541
Provides free family-based education and peer support to individuals & families facing the challenges of mental illness
NAMI Compass .............................................................. 800.370.9085
Info & referral helpline service
Peabody Resident Services
536 Granite St., Braintree .................................................. 781.794.1000
Group adult foster care
Stratus Over-The-Phone Interpretation ............................... 877.746.4674
Telephone interpreting services for all foreign languages
United Way
934 West Chestnut St., Brockton ......................................... 508.583.6306
134 Court St., Suite 5, Plymouth ......................................... 508.747.6160
Focused on identifying and solving pressing community issues, as well as making measurable changes in communities through partnerships with schools, government agencies, businesses, organized labor, financial institutions, community development corporations, voluntary and neighborhood associations, the faith community, and others
Domestic Violence Support
South Shore Women's Resource Center
P.O. Box 6237, Plymouth .................................................. 508.746.2664
Free and confidential community-based domestic violence program that assists victims of domestic violence and their families
The Women's Center
405 County St., New Bedford ............................................. 508.996.3343
Serves Wareham: provides domestic violence, sexual assault, and child trauma programs, residential services, legal and medical advocacy, counseling services, and prevention education and community outreach
Substance Abuse Support
Beth Israel Deaconess Hospital-Plymouth's Behavioral Health and Substance Abuse Program
275 Sandwich St., Plymouth ............................................. 508.746.2000
High Point Treatment Center Outpatient Clinic
2 School St., Plymouth ....................................................... 508.830.1234
1233 State Rd., Plymouth ................................................ 508.224.7705
52 Oak St., Middleborough .............................................. 774.213.8400
Massachusetts Substance Abuse Information and Education Helpline .................................................. 800.327.5050
Free anonymous information for alcohol & other drug abuse problems
Wicked Sober ................................................................. 857.953.7627
Helps those struggling with drug and alcohol dependency, gives free consultations for families, friends, and the addict or alcoholic themselves
Veterans' Services
Cape Cod Vet Center
474 West Main St., Hyannis ................................................. 508.778.0124
Mass Vets Advisor
http://www.massvetsadvisor.org/
One stop shop for all veterans benefits
National Call Center for Homeless Veterans .............................. 877.4AID. VET (877.424.3838)
Free 24/7 access to trained counselors who will screen the needs of the homeless and those at-risk for homelessness and connect them to services and information
Plymouth VA Outpatient Clinic
116 Long Pond Rd., Plymouth ............................................. 800.865.3384
Offers primary care services
Veterans Crisis Line ........................................................... 800.273.8255, Press 1
www.veteranscrisisline.net/chat ......................................... Text 883855
Confidentially connects Veterans in crisis and their families and friends with qualified, caring Department of Veterans Affairs responders through a confidential toll-free hotline, online chat, or text, 24/7/365
Veterans' Services Office
20 Center St., 3rd floor, Middleborough ................................... 508.946.2407 x161
44 Nook Rd., Plymouth .................................................... 508.747.1620 x172
48 Marion Rd., 2nd floor, Wareham ..................................... 508.291.3100 x3135
Assists veterans and/or their dependents with applying for VA disability benefits, state veteran benefits, and a number of other veteran related issues
HIV/AIDS Services

Beth Israel Deaconess – Plymouth ACCESS Program
275 Sandwich St., Plymouth ............................................. 508.732.8981
Provides primary care, counseling, and testing for individuals living with HIV/AIDS
AIDS Action Committee .................................................. 617.437.6200
Supports those infected with HIV/AIDS and provides education to prevent new infections
Plymouth AIDS Support Services (PASS)
123-1 Camelot Dr., #8, Plymouth ..................................... 508.747.2211
Offers intensive case management and reintegration services for incarcerated individuals living with HIV/AIDS in Southeastern Massachusetts

LGBTQ Services

Mass Transgender Political Coalition .................................. 617.778.0519
Advocacy, education, and community-building organization that works to end discrimination on the basis of gender identity and expression
Sexual Health Clinic at PrimaCare
277 Pleasant St., Suite 202, Fall River ................................... 508.235.0481
Sexual health clinic for transgender people; offers counseling about feminizing and masculinizing therapy, gender affirming hormones and monitoring, transgender health counseling, HIV, hepatitis, and general health considerations
Trans Lifeline ................................................................. 877.565.8860
Hotline staffed by transgender people who are available to respond to whatever support needs members of the community may have; the goal is to end transgender suicide and improve overall mental health of transgender people through advocacy, education, and direct service

Homeless Shelters

Conway House
14 East Grove St, Middleborough ........................................ 508.946.8505
Pilgrim’s Hope
149 Bishop’s Hwy., Kingston ............................................. 781.582.2010
DTA referred shelter for 10 families
South Shore Women’s Resource Center
P.O. Box 6237, Plymouth .................................................. 508.746.2664
Emergency shelter for abused victims and their children and/or assistance with long term placement

Clothing and Furniture Resources

Friends of the Homeless South Shore
8 Driftway, Weymouth ...................................................... 781.340.1604
Organization that is dedicated to helping homeless families by providing emergency shelter, food, clothing, furniture, education and advocacy
South Middleborough Methodist
14 School St., Middleborough ............................................. 508.947.2612
Provides all types of apparel, infants to adults, at no cost

Food Pantries

Central Congregational Food Pantry
2 Webster St., Middleborough ............................................. 508.947.1256
Central Baptist “Love in Action” Food Pantry
3 Nickerson Ave., Middleborough ...................................... 508.947.1189
Church of the Good Shepherd
74 High St., Wareham ..................................................... 508.295.2840
Free meals every Thursday, 5pm-6pm
Damien’s Place Food Pantry
3065 Cranberry Highway, East Wareham ............................ 508.993.1010
First Congregational Church
11 Gibbs Ave, Wareham .................................................... 508.295.1630
Free meals every Tuesday, 7am-8:30am
Plymouth Area Coalition
149 Bishop’s Hwy., Kingston ........................................... 781.582.2010
Sacred Heart Food Pantry
53 Oak St., Middleborough .............................................. 508.947.2271
St. Vincent de Paul
St. Patrick’s Church, 82 High St, Wareham .......................... 508.295.2411

Homelessness Prevention & Support

Fr. Bill’s and Mainspring
Prevention Hotline ......................................................... 617.770.3314 x255
A hotline that provides information prevention information and immediate assistance if your current housing or tenancy is in jeopardy
Fr. Bill’s and Mainspring Tenancy Preservation Program
1 Taunton Green, Taunton ................................................ 508.944.9502
FBMS has specially trained staff in the housing courts to help tenants and property owners avoid costly evictions; specialists mediate disputes, negotiate with housing court judges, and arrange for supportive services for disabled tenants
Massachusetts Coalition for the Homeless
15 Bubier St., Lynn .......................................................... 781.595.7570
Plymouth Area Coalition for the Homeless
149 Bishop’s Hwy., Kingston ............................................ 781.582.2010
Organization that operates a family shelter, food pantry, family and individual resource program, holiday fund, and a free 24/7 phone referral service
Turning Point
6 Rogers Ave., Wareham .................................................. 508.291.0525
Social service agency that provides supportive services to individuals and families that are homeless or are at risk of being homeless; they provide housing assistance, assistance with utility and heat bills, access to emergency clothing and food, employment information, and referrals to treatment centers and community agencies

Legal Services

Committee for Public Counsel Services
10 Granite St., Quincy ...................................................... 617.689.1090
CPCS provides free legal representation for consumers facing commitment hearings
Disability Law Center ....................................................... 617.723.8455
DLC provides legal assistance, protection, & advocacy services for people with a disability
Health Law Advocates, Inc. ................................................. 617.338.5241
Provides pro bono legal services to guests of area homeless shelters and others in need
MA Law Reform Institute .................................................. 617.357.0700
Statewide nonprofit poverty law and policy center advancing economic, racial, and social justice through legal action
Mental Health Legal Advisors Committee ............................. 617.338.2345
Works to protect the rights of persons with mental illness

Jail Diversion & Inmate/Ex-Offender Support

Plymouth AIDS Support Services (PASS)
123-1 Camelot Dr., #8, Plymouth ..................................... 508.747.2211
Offers intensive case management and reintegration services for incarcerated individuals living with HIV/AIDS in Southeastern Massachusetts
Prisoners’ Legal Services .................................................... 800.882.1413
Legal services corporation that provides civil legal assistance to people who are incarcerated in Massachusetts state prisons, DOC facilities, county jails, and houses of correction
Regional Reentry Center
10 McGrath Hwy., Quincy ............................................... 617.376.6260
Aftercare services are available to offenders who complete their sentences without supervision and to parolees in the areas of employment, mental health, substance abuse services, vocational training, and housing