CityPsych Wellness – About Us
CityPsych Wellness, a division of Comfort Home Care, is dedicated to providing nursing care for patients with traditional medical needs, behavioral health conditions, or in need of comprehensive rehabilitation at home. CityPsych is a valuable community partner throughout the Greater Boston, South Shore, and South Coast regions. Our skilled nursing and rehabilitation services are based on comprehensive assessments and a team approach that includes the patient, family members, primary care & specialty providers, pharmacists, and community care teams.

Our nursing staff is trained to provide the following services:

- Care for those 18-years & older
- Comprehensive Assessment
- Safety Assessment & Planning
- Diabetic care & education
- Home Health Aides
- Post-acute Care
- Catheter Care
- Physical and Occupational Therapy services
- Medication management, assessment, & continuing education in the disease process
- Case management and community coordination
- Addiction & polysubstance abuse education
- Injectable medication management
- Wound care management and education
- Closed Pulse Irrigation wound certified staff
- IV and PICC line maintenance

With over one-hundred skilled nurses available, we are able to provide services in each of the following areas:

<table>
<thead>
<tr>
<th>Abington</th>
<th>Dorchester</th>
<th>Mattapan</th>
<th>Roslindale</th>
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</thead>
<tbody>
<tr>
<td>Acushnet</td>
<td>East Boston</td>
<td>Mattapoisett</td>
<td>Roxbury</td>
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<td>Allston</td>
<td>E. Bridgewater</td>
<td>Medford</td>
<td>Saugus</td>
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<td>Arlington</td>
<td>Easton</td>
<td>Melrose</td>
<td>Seekonk</td>
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<td>Attleboro</td>
<td>Everett</td>
<td>Middleborough</td>
<td>Sharon</td>
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<td>Avon</td>
<td>Fairhaven</td>
<td>Milton</td>
<td>Somerset</td>
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<td>Berkley</td>
<td>Fall River</td>
<td>New Bedford</td>
<td>Somerville</td>
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<tr>
<td>Boston</td>
<td>Foxborough</td>
<td>N. Attleboro</td>
<td>South Boston</td>
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<tr>
<td>Braintree</td>
<td>Freetown</td>
<td>Norton</td>
<td>Stoughton</td>
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<tr>
<td>Bridgewater</td>
<td>Hanover</td>
<td>Norwell</td>
<td>Swansea</td>
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<tr>
<td>Brighton</td>
<td>Hanson</td>
<td>Norwood</td>
<td>Taunton</td>
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<td>Brockton</td>
<td>Hingham</td>
<td>Pembroke</td>
<td>Wareham</td>
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<tr>
<td>Brookline</td>
<td>Holbrook</td>
<td>Plainville</td>
<td>W. Bridgewater</td>
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<tr>
<td>Cambridge</td>
<td>Hyde Park</td>
<td>Quincy</td>
<td>West Roxbury</td>
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<tr>
<td>Canton</td>
<td>Jamaica Plain</td>
<td>Randolph</td>
<td>Westport</td>
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<tr>
<td>Charlestown</td>
<td>Lakeville</td>
<td>Raynham</td>
<td>Weymouth</td>
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<tr>
<td>Chelsea</td>
<td>Lynn</td>
<td>Rehoboth</td>
<td>Whitman</td>
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<tr>
<td>Dartmouth</td>
<td>Mansfield</td>
<td>Revere</td>
<td>Winthrop</td>
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<tr>
<td>Dedham</td>
<td>Marion</td>
<td>Rochester</td>
<td>Wrentham</td>
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To make a referral, simply call us and our intake staff will guide you through the process. We are available 24 hours a day, 7 days a week to assist. We accept all insurances that cover care in the home, including Medicare and Mass Health (Medicaid).

For more information regarding services and availability, please call us at 1 (844) 980-CITY

www.CityPsych.net
**Community Health Centers**

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Cambridge Health Alliance Family Health Center</td>
<td>617.665.3370</td>
</tr>
<tr>
<td>26 Central St., Somerville</td>
<td></td>
</tr>
<tr>
<td>300 Broadway, 1st Floor, Somerville</td>
<td>617.284.7000</td>
</tr>
<tr>
<td>237 Hampton St., Cambridge</td>
<td>617.575.5570</td>
</tr>
<tr>
<td>119 Windsor St., Cambridge</td>
<td>617.665.3600</td>
</tr>
<tr>
<td>163 Gore St., Cambridge</td>
<td>617.665.3000</td>
</tr>
<tr>
<td>2067 Massachusetts Ave., Cambridge</td>
<td>617.575.5570</td>
</tr>
</tbody>
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Services include primary care, women's and family planning, mental health services, pediatrics, complex care management, diabetes management services, laboratory services, and nutrition counseling.

**Primary Care / Multi-Service Providers**

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Davis Square Family Practice</td>
<td>617.666.9577</td>
</tr>
<tr>
<td>260 Elm St #105, Somerville</td>
<td></td>
</tr>
<tr>
<td>Hallmark Health Medical Associates</td>
<td>617.625.0006</td>
</tr>
<tr>
<td>645 Broadway, Somerville</td>
<td></td>
</tr>
<tr>
<td>Harvard Vanguard</td>
<td>617.666.5500</td>
</tr>
<tr>
<td>1611 Cambridge St., Cambridge</td>
<td></td>
</tr>
<tr>
<td>40 Holland St., Somerville</td>
<td>617.629.6000</td>
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**Outpatient Behavioral Health Services**

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
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</thead>
<tbody>
<tr>
<td>Cambridge Health Alliance - Outpatient Services</td>
<td>617.591.6033</td>
</tr>
<tr>
<td>26 Central St., Somerville</td>
<td></td>
</tr>
<tr>
<td>Column Health Arlington</td>
<td>844.265.8661</td>
</tr>
<tr>
<td>339 Massachusetts Ave., Arlington</td>
<td></td>
</tr>
<tr>
<td>Offers mental health and substance use treatment related services including psychotherapy, integrated lab testing, detoxification, and medication management.</td>
<td></td>
</tr>
<tr>
<td>Community Legal Services and Counseling Center</td>
<td>617.661.1010</td>
</tr>
<tr>
<td>1 West St., Cambridge</td>
<td></td>
</tr>
<tr>
<td>Harvard Vanguard Behavioral Health</td>
<td>617.661.5515</td>
</tr>
<tr>
<td>1611 Cambridge St., Cambridge</td>
<td></td>
</tr>
<tr>
<td>40 Holland St., Somerville</td>
<td>617.629.6180</td>
</tr>
<tr>
<td>Institute of Health and Recovery</td>
<td>617.661.3991</td>
</tr>
<tr>
<td>349 Broadway, Cambridge</td>
<td></td>
</tr>
<tr>
<td>Mt. Auburn Hospital Outpatient Behavioral Health</td>
<td>617.599.5054</td>
</tr>
<tr>
<td>330 Mt. Auburn St., Cambridge</td>
<td></td>
</tr>
<tr>
<td>North Charles Mental Health</td>
<td>617.491.1269</td>
</tr>
<tr>
<td>54 Washburn Ave, Cambridge</td>
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<tr>
<td>Riverside Outpatient Center</td>
<td>617.354.2275</td>
</tr>
<tr>
<td>5 Sacramento St., Cambridge</td>
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<tr>
<td>ThriveWorks Counseling</td>
<td>617.553.4653</td>
</tr>
<tr>
<td>929 Massachusetts Ave., Cambridge</td>
<td></td>
</tr>
<tr>
<td>Subscription-based provider, offers individual/couples counseling, psychiatry (medication management), life coaching, and help for issues like depression, anxiety, addiction, eating disorders, and others.</td>
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**Partial Hospitalization Programs**

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Arbour Hospital</td>
<td>617.522.4400</td>
</tr>
<tr>
<td>49 Robinhood Ave, Jamaica Plain</td>
<td></td>
</tr>
<tr>
<td>Arbour HRI Hospital</td>
<td>617.731.3200</td>
</tr>
<tr>
<td>227 Babcock St., Brookline</td>
<td></td>
</tr>
<tr>
<td>Bournwood Hospital PHP</td>
<td>617.676.3585</td>
</tr>
<tr>
<td>300 South St., Brookline</td>
<td></td>
</tr>
<tr>
<td>BWI Faulkner Hospital</td>
<td>617.983.7000</td>
</tr>
<tr>
<td>1153 Centre St., Boston</td>
<td></td>
</tr>
<tr>
<td>Carney Hospital PHP</td>
<td>617.296.4012 x3557</td>
</tr>
<tr>
<td>210 Dorchester Ave, Dorchester</td>
<td></td>
</tr>
<tr>
<td>Riverside Community Cares</td>
<td>617.629.6624</td>
</tr>
<tr>
<td>78 College Ave, Somerville</td>
<td></td>
</tr>
<tr>
<td>St. Elizabeth's Medical Center</td>
<td>617.789.2102</td>
</tr>
<tr>
<td>736 Cambridge St., Brighton</td>
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**In-Home Therapy**

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
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<tbody>
<tr>
<td>Arbour Counseling Services</td>
<td>617.782.6460</td>
</tr>
<tr>
<td>Institute for Health and Recovery</td>
<td>617.661.3391</td>
</tr>
<tr>
<td>Pyramid Builders Associates</td>
<td>617.516.0280</td>
</tr>
<tr>
<td>South Bay Community Health</td>
<td>508.427.5362</td>
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<tr>
<td>South Shore Mental Health</td>
<td>617.847.1914</td>
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**Support Services**

<table>
<thead>
<tr>
<th>Name</th>
<th>Phone</th>
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<tr>
<td>Mass 2-1-1</td>
<td>617.221.0053</td>
</tr>
<tr>
<td><a href="http://www.mass211.org">www.mass211.org</a></td>
<td></td>
</tr>
<tr>
<td>Connects people with community, health &amp; disaster services through a free 24/7 stigma-free phone service &amp; searchable online database.</td>
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</tr>
<tr>
<td>DMH Information &amp; Referral Line</td>
<td>877.508.3974</td>
</tr>
<tr>
<td>The exchange is a free &quot;classified ad&quot; type resource designed to help people find, buy, sell or give away used AT equipment</td>
<td></td>
</tr>
<tr>
<td>Home Care Assistance Program</td>
<td>800.223.2559</td>
</tr>
<tr>
<td>Homemaking services for adults with disabilities</td>
<td></td>
</tr>
<tr>
<td>Equipment</td>
<td>866.244.6156</td>
</tr>
<tr>
<td>A medical equipment recycling program that provides individuals and families with gently-used, refurbished durable equipment</td>
<td></td>
</tr>
<tr>
<td>National Alliance on Mental Illness</td>
<td>617.580.8541</td>
</tr>
<tr>
<td>Megan Wiecheki, Resource Coordinator</td>
<td></td>
</tr>
<tr>
<td>529 Main St., Charlestown</td>
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<tr>
<td>Provides free family-based education and peer support to individuals and families facing the challenges of mental illness</td>
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<tr>
<td>NAMI Compass</td>
<td>800.370.9085</td>
</tr>
<tr>
<td>Info &amp; Referral HelpLine Service</td>
<td></td>
</tr>
<tr>
<td>Statewide Head Injury Program</td>
<td>800.223.2559</td>
</tr>
<tr>
<td>600 Washington St., Boston</td>
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</tr>
<tr>
<td>Service coordination for people with traumatic brain injuries, including medical care services, case management, individual skills training and support, companion services, consultation for families, substance abuse services, and more</td>
<td></td>
</tr>
<tr>
<td>Status Over-The-Phone Interpretation</td>
<td>877.746.4674</td>
</tr>
<tr>
<td>Telephone interpreting services for all foreign languages</td>
<td></td>
</tr>
<tr>
<td>WellNet Project, Inc.</td>
<td>617.491.2377</td>
</tr>
<tr>
<td>675 Massachusetts Ave., Cambridge</td>
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</tr>
<tr>
<td>Provides transitional housing and counseling services to psychiatrically disabled adults and helps to facilitate a return to independent living in the community</td>
<td></td>
</tr>
<tr>
<td>The Women's Center</td>
<td>617.354.6394</td>
</tr>
<tr>
<td>46 Pleasant St., Cambridge</td>
<td></td>
</tr>
<tr>
<td>Provides learning opportunities, support groups, and resources that help all who identify as women make positive, sustaining changes in their lives and the lives of their children.</td>
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<tr>
<td>All programs &amp; services are provided confidentially and free of charge.</td>
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</tbody>
</table>

**Food for Free**

Provides healthy and fresh foods to local food programs and via home delivery to homebound elders and people with disabilities.

**Health Care For All**

1 Federal St, Boston ________________________ 800.272.4232
HCPA seeks to create a consumer-centered care system that provides comprehensive, affordable, accessible, & culturally competent care.

**MBTA Special Needs Office**

617.222.5438
Helps people with disabilities obtain passes for reduced fare.

**MCPHS Pharmacy Outreach Program**

888.477.2669
Helps qualifying patients without prescription drug coverage get the medicines they need for free or nearly free.

**The Transformation Center**

877.769.7693
Peer-run organization focusing on wellness & life recovery currently offers training for peer special certification, MA Leadership Academy, WRAP facilitation (extension #305), and recovery conversations with providers.

**MassHealth**

**MassHealth Community Educator**

Anne-Marie D'Angelo Florent, MSPA
100 Hancock St, Quincy ______________________ 978.863.9305
Provides information regarding MassHealth eligibility & plans.

**Jean Batty - MassHealth Disability Accommodation Ombudsman**

100 Hancock St, Quincy ______________________ 617.847.3468
Helps members & applicants get the accommodations they need and also provides assistance with processes, requirements, and form completion.

**MassHealth Enrollment Center**

888.665.9993
MassHealth information, PT-1 transport info, coverage upgrades to MassHealth Standard for persons with special health needs currently enrolled in CarePlus.

**MassHealth: Home/Community-Based Waivers**

**Acquired Brain Injury Waiver**

866.281.5602

**Autism Waiver**

888.367.4435

**Frail Elder Waiver**

800.AGE.INFO (243.4636)

**Intellectual Disabilities Waiver**

617.727.5608

**Money Follows the Person Waiver**

800.223.2559

**Traumatic Brain Injury Waiver**

800.223.2559

**Pharmacies**

**Inman Pharmacy**

1414 Cambridge St, Cambridge ______________________ 617.876.4868

**Maida Pharmacy**

121 Massachusetts Ave, Arlington ______________________ 781.643.7840

**Pelham Community Pharmacy**

196 Bear Hill Rd, Waltham ______________________ 888.PEL.MEDS (735.6337)

Statewide delivery and customized prescription management services.

**Skerdianer Apothecary**

1613 Cambridge St, Cambridge ______________________ 617.354.5600

**Transportation Services**

**MBTA: The Ride**

617.337.2727

**Veterans Transportation Services**

877.765.7433

Provision of door to door rides for eligible veterans who cannot use fixed-route transit (bus, subway, trolley) all or some of the time because of a physical, cognitive or mental disability.
Homeless Shelters

Cross Street Family Shelter
59 Cross St., Somerville .............................................. 617.776.6661

DTA referred shelter for 5 families; offers case management, referrals to community resources, and assistance with the housing search

First Church Shelter
11 Garden St., Cambridge ............................................ 617.661.1873

Provides shelter and meals to 14 men

Harvard Square Homeless Shelter
66 Winthrop St., Cambridge .................................. 888.285.4038

Student-run homeless shelter that serves 24 men and women each night during the coldest months of winter

Heading Home
529 Main St., Suite 100, Charlestown ...................... 617.864.8140

Provides emergency, transitional, and permanent housing & support services to low-income homeless and formerly homeless individuals and families

Just-A-Start House
114 Temple St., Somerville .................................. 617.776.8353

DTA referred 12 bed shelter for parenting and pregnant females ages 13-20 and their children

Salvation Army
402 Massachusetts Ave., Cambridge .................. 617.547.3400

Short term and extended stay shelter for men only

Somerville Homeless Coalition Adult Shelter
14 Chapel St., Somerville ................................ 617.623.2546

Emergency and extended stay sober shelter for 12 men and 4 women

Somerville Homeless Coalition Family Shelter
59 Cross St., Somerville .................................. 617.776.6661

St. Patrick’s Shelter
270 Washington St., Somerville ...................... 617.625.1920

Emergency and extended stay shelter only for women over eighteen

Y2Y
1 Church St., Cambridge .................................... 617.864.0795

Homeless young adults 19-24

Homelessness Prevention & Support

Cambridge and Somerville Health Alliance
230 Highland Ave., Somerville .......................... 617.591.6765

Affordable healthcare for homeless persons

Community Action Agency of Somerville
66-70 Union Sq., Somerville ............................... 617.623.7370

Eviction protection program
Healthcare for the Homeless
270 Washington St., Somerville ...................... 617.628.3015

402 Massachusetts Ave., Cambridge ................. 617.547.3400

240 Albany St., Cambridge ................................ 617.661.0600

Walk-in healthcare clinics for the homeless

Massachusetts Coalition for the Homeless
15 Bubier St., Lynn ................................................. 781.595.7570

Multi-Service Center for the Homeless
362 Green St., Cambridge ......................................................... 617.349.6340

Addresses the needs of homeless and near-homeless by providing direct services, planning, and coordination efforts of people/families living on the street, in shelters, or at risk of losing housing

Somerville Homeless Coalition
1 Davis Sq., Somerville .................................... 617.623.6111

Veterans’ Support

City of Cambridge Veterans Services
51 Inman St., 2nd Floor, Cambridge .................. 617.349.4760

Advises clients as to the availability of benefits, services, and provides financial assistance to those veterans/dependents who are in need

Massachusetts Bay Veterans Center
2 North St., Somerville .................................. 617.627.9712

Helps veterans make connections to employment opportunities, long-term housing, substance abuse counseling, & mental health care

Mass Vets Advisor
http://www.massvetsadvisor.org/

One stop shop for all veterans benefits

National Call Center for Homeless Veterans ............................................. 877.4ALD.VET (424.3838)

Free 24/7 access to trained counselors who will screen the needs of the homeless and those at-risk for homelessness and connect them to services and information

Somerville Veterans’ Services
50 Evergreen Ave., Somerville .................. 617.625.6600 x4700

Provides assistance in applying for state and federal benefits, serves as a liaison to the VA and the various military branches, and administers emergency assistance for indigent veterans

Statewide Advocacy for Veterans’ Empowerment (SAVE)
60 Washington St., 7th Floor, Boston .................. 617.210.5743

Advocates for veterans who are not able to obtain the benefits they have earned due to institutional or personal barriers. SAVE acts as a liaison between veterans and their families and the various state and federal agencies involved. The program’s primary mission is prevention of suicide and mental health distress

VA Boston Healthcare System
150 South Huntington Ave., Jamaica Plain .......... 617.232.9500

VA Boston Vet Center
7 Drydock Ave., Suite 2070, Boston .................. 857.203.6461

VA Causeway Street Community Based Outpatient Clinic
251 Causeway St., Boston .................................. 617.248.1000

VA Regional Benefit Office
JFK Federal Building, 15 New Sudbury St., Boston ........ 800.827.1000

Veterans Legal Services
P.O. Box 8457, Boston .............................................. 857.317.4474

Promotes self-sufficiency, stability, and financial security of homeless and low-income veterans through free and accessible legal services

Domestic Violence Support

SafeLink .................................................. 877.775.2020

Statewide 24/7 toll-free domestic violence hotline. Services include safety planning, supportive listening, direct connection to domestic violence shelter programs across MA, referrals to local domestic violence and community services, and support/resources for anyone concerned about a victim of domestic violence

Emerge
2464 Massachusetts Ave., Suite 101, Cambridge .................. 617.547.9879

Abuser education program working to end domestic violence

National Domestic Violence Hotline .................. 800.SAFE.7273 (7273)

Provides lifesaving tools and immediate support to enable victims to find safety and live lives free of abuse

Renewal House ........................................ 617.277.4194

Domestic violence shelter for individuals & families fleeing abuse

RESPOND, Inc.
P.O. Box 555, Somerville .................................. 617.625.5996

Emergency shelter for victims of domestic violence

Transition House
P.O. Box 392016, Cambridge ...................... 617.661.7203

Emergency shelter, transitional living, and supported living programs for victims of domestic violence

Legal Services

Cambridge and Somerville Legal Services (CASLS)
60 Gore St., Suite 203, Cambridge .................. 617.603.2700

Provides free civil legal assistance to the low-income population of individuals who live in Cambridge, Somerville, Arlington, Belmont, Woburn, and Winchester

Committee for Public Counsel Services
21 McGrath Highway, Somerville .................. 617.482.6212

CPCS provides free legal representation for consumers facing commitment hearings

Community Legal Services and Counseling Center
1 West St., Cambridge .................................. 617.661.1010

Free civil legal assistance for people with low income

Disability Law Center ........................................ 617.723.8455

DLC provides legal assistance, protection, & advocacy services for people with a disability

Harvard Legal Aid Bureau .................................. 617.495.4408

Free legal service to low-income individuals in the Greater Boston area

Health Law Advocates, Inc. .................................. 617.338.5241

Provides pro bono legal services to guests of area homeless shelters and others in need

MA Law Reform Institute .................................. 617.357.0700

Statewide nonprofit poverty law and policy center advancing economic, racial, and social justice through legal action

Mental Health Legal Advisors Committee .................. 617.338.2345

Works to protect the rights of persons with mental illness

Volunteer Lawyers Project .................................. 617.423.0648

The Volunteer Lawyers Project of the Boston Bar Association (VLIP) provides free civil legal assistance to low-income residents of Greater Boston, primarily through the pro bono services of private attorneys

Jail Diversion & Inmate/Offender Support

Coming Home Directory
http://www.cominghomedirectory.org

A resource directory of offender reentry services in the Boston area

Prisoners’ Legal Services .................................. 800.882.1413

Legal services corporation that provides civil legal assistance to people who are incarcerated in Massachusetts state prisons, DOC facilities, county jails, and houses of correction

The Salvation Army – Harbor Light Center
407 Shawmut Ave., Boston .................................. 617.536.7469

Provides short-term and longer term residential substance abuse treatment programs for individuals in transition from prison to the community

Somerville Police Jail Diversion
Cheryl Delano, Program Coordinator
220 Washington St., Somerville .................. 617.625.1600 x7345

Mandated Reporting

Disabled Persons Protection Commission .................. 800.426.9009

Elder Abuse Hotline .................................. 800.922.2275

DCF Area Offices (9am – 5pm)
810 Memorial Drive, Cambridge .................. 617.528.8700

DCF Child-At-Risk Hotline (9am – 5pm)
800.792.5200

Baby Safe Haven ................................ 866.814.SAFE (7233)

Phlebotomy/Labs

Faulkner Lab
410 Ferry St., Malden .................................. 781.322.8502

In-home Phlebotomy Service

Quest Diagnostics
33 Bow St., Somerville .................................. 617.623.9600

575 Mt. Auburn St., Cambridge .................. 617.547.4502

415 Massachusetts Ave., Cambridge .................. 866.697.8378
Adult Day Programs
Massachusetts Adult Day Services Association
1 Florence St., Boston ................................. 617.469.5848
MADSA is a network of approximately 120 member Adult Day Service program centers offering an alternative to nursing home care.

Cambridge/Somerville Recovery Learning Center
Director Jane Tan
35 Medford St., 1st Floor Suite 11, Somerville .......... 617.863.5388
Cooperative Elder Services
37 Broadway, Arlington ................................ 781.641.1070 x201
On The Rise, Inc.
341 Broadway, Cambridge ................................ 617.497.7968
Day program that is uniquely effective at working with homeless women who do not fit the requirements of other programs.

Windsor House Adult Day Care
806 Massachusetts Ave., Cambridge .................. 617.547.7836
799 Concord Ave., Cambridge ......................... 617.491.1815
75 Myrtle St., Somerville .............................. 617.628.2575
Provides medical care, companionship, social services, activities, meals, and other specialized services for adults.

Elder Services
Council on Aging
167 Holland St., Somerville .......................... 617.625.6600 x2300
165 Broadway, Somerville ............................. 617.625.6600 x2335
9 New Washington St., Somerville ..................... 617.666.5223
806 Massachusetts Ave., Cambridge .................. 617.349.6220
Supports older adults to maintain their independence by providing programming, events, services, trips, and groups.

Elder Service Plan of Cambridge Health Alliance
163 Gore St., Cambridge ............................... 617.575.5850
ESP is a health educator and a medical provider that provides health care, homemaking, medications, and other health and social services.

Pain Services
3 Church St., Cambridge ............................... 617.864.2580
Serves Cambridge residents aged 60+ and their families who prefer to remain independent and need information about available options.

Somerville-Cambridge Elder Services
61 Medford St., Cambridge ........................... 617.628.2601
Works to improve elders’ quality of life in Somerville & Cambridge.

Independent Living Centers (ILCs)
Boston Center for Independent Living
95 Berkeley St., Boston ................................. 617.338.6665
Serves Cambridge and Somerville.

Long Term Acute Care
Rehabilitation Center
1200 Centre St., Roslindale ......................... 617.363.8000

Lemuel Shattuck Hospital
170 Morton St., Jamaica Plain ...................... 617.522.8110

Spaulding Hospital
1575 Cambridge St., Cambridge ...................... 617.876.4344

Referral Services
Long Term Care Alliance
Jerry Locchi ........................................... 508.930.6057
Provides referral services for skilled nursing facilities, rest homes, assisted living facilities, supported housing, rooming houses, and more.

Rest Homes
Somerville Home
117 Summer St., Somerville ......................... 617.776.0260

Clozapine Clinics
Cambridge Health Alliance Clozapine Program
26 Central St., Somerville ........................... 617.665.3220
Carney Hospital
2100 Dorchester Ave., Dorchester .................. 617.296.4000
Freedman Trail Clinic
25 Stanford St., 2nd Flr., Boston .................... 617.912.7800
Mass Mental Health Center
75 Fenwood Rd., Boston .............................. 617.626.9300
North Suffolk Mental Health Center
14 Porter St., East Boston ............................ 617.569.3189
South Boston Behavioral Health
58 Old Colony Ave., South Boston .................. 617.268.1700

Substance Abuse Support
Cambridge Health Alliance – Outpatient Addictions Services
26 Central St., Somerville ........................... 617.591.6051
CASPA
P.O. Box 45538, Somerville .......................... 617.660.0600
Provides prevention, emergency, residential, and after care services for individuals in different stages of recovery.

IMPACT Substance Abuse Treatment
260 Beacon St., Somerville .......................... 617.661.5700
Department of Public Health licensed outpatient substance abuse treatment program offering recovery based, goal oriented outpatient alcohol and drug treatment to individuals, age sixteen and older, and whose lives are negatively impacted by substance use.
Institute for Health and Recovery
349 Broadway, Cambridge ............................ 617.661.3991
Massachusetts Substance Abuse Information and Education Helpline ................................... 800.327.5050
Free anonymous information for alcohol & other drug abuse problems.

Mt. Auburn Hospital Prevention & Recovery Center
330 Mount Auburn St., Cambridge .................. 617.499.5051
Individualized treatment for men and women, as well as adolescents through a variety of programs and therapies.
Needle Exchange & Overdose Prevention
Program at Green Street
359 Green Street, Cambridge ....................... 617.599.0246
North Carolina Bridge Program
617.864.0941
An 18 month, transitional housing program for homeless men who are in early recovery from substance abuse, and have a commitment to abstinence.
North Carolina Institute for the Addictions
260 Beacon St., Somerville .......................... 617.661.5700
Full range of addiction treatment services including daily dosing and toxicology screening on-site at Cambridge Hospital, and individual, group and family counseling, case management, medical and on-site psychopharmacology services at the Somerville location.

Right Turn
440 Arsenal St., Watertown ............................ 781.646.3800
An innovative program that provides Intensive Outpatient Treatment and Extended Care for Addiction, Medication Assisted Treatment (MAT) and Intervention, in a uniquely creative environment.
Wicked Sober ........................................... 857.953.7627
Helps those struggling with drug and alcohol dependency by assisting in the process of achieving recovery. Wicked Sober gives free consultations for families of loved ones, friends of the addict or alcoholic, and the addict or alcoholic themselves.

AIDS/HIV Support
AIDS Action Committee
359 Green St., Cambridge ............................ 617.661.3040
Comprehensive HIV prevention & care, services include Client Advocacy & Case Management, Community Outreach & Education, a Health Library, HIV Counseling/Testing, Housing, Legal Services, Menta Health Counseling, Needle Exchanges, Rental/Utility Assistance, & more.

AIDS Info ................................................. 800.HIV.0440 (448.0440)
http://aidsinfo.nih.gov

CHA Zinberg Clinic at Cambridge
1493 Cambridge St., 2nd Floor, Cambridge .......................... 617.665.1606
Provides adult primary and specialty care for HIV, viral hepatitis, and sexually transmitted infections.

CHA HIV Care Management
Links HIV-Positive clients with emotional and social support, financial assistance, legal referrals, housing, and family matters.

LGBTQ Services
Somerville-Cambridge Elder Services
LGBT Resources ........................................ 617.628.2601 x3151
Committed to meeting the needs of LGBT older adults. They offer a monthly LGBTQ dinner and have developed a local resource guide specific to the needs of LGBT older adults.

Kate’s Cafe at S&S Restaurant
1334 Cambridge St., Cambridge ........................ 617.628.2601 x3193
A dinner held on the fourth Wednesday of every month from 5-8pm for lesbian, gay, bisexual, and transgender seniors, caregivers and friends. RSVP is required - call or email lightcafe@eldercare.org

The Cambridge GLBT Commission
795 Massachusetts Ave., Cambridge .................. 617.349.3355
Promotes and monitors policies and practices that have a positive effect on the health, welfare, and safety of all persons who live, visit, or work in the City of Cambridge with regard to sexual orientation and gender identity.

City of Somerville LGBTQ Services
50 Evergreen Ave., Somerville ........................ 617.625.6600 x2404
Services to connect, support, and advocate for Somerville’s community of lesbian, gay, bisexual, transgender, and queer residents. Also works to eliminate prejudice and oppression based on sexual orientation, gender identity, and gender expression in the city.

Davis Square Family Practice
260 Elm St. #105, Somerville .......................... 617.666.9577
Primary care, Transgender healthcare

Mass Transgender Political Coalition .................. 617.778.0519
Advocacy, education, and community-building organization that works to end discrimination on the basis of gender identity and expression.

National Gay and Lesbian Task Force
1151 Massachusetts Ave., Cambridge .................. 617.492.6393
National voice that is dedicated to full LGBT equality in issues including marriage equality, hate crimes, HIV/AIDS, racial and economic justice, and parenting.

Trans Lifeline ......................................... 877.565.8860
Hotline staffed by transgender people available to respond to whatever support needs members of the community may have.